

### **Motivational Monday's – 09/23/2019**

- 1) At the onset of the video, what did Eric Thomas have displayed on the projector and how is this an important “piece” when discussing focus?
- 2) Where is YOUR focus?
- 3) Why don't most people want to study?

### **Motivational Monday's – 09/30/2019**

- 1) Why do “successful” people claim a college degree is useless?
- 2) What are some positives of having a college degree? Negatives?
- 3) What does earning a college degree signify to employers or people in society?
- 4) What is the purpose of schooling?

### **Motivational Monday's – 11/04/2019**

- 1) State THREE goals (short-term, mid-range, long-term)
- 2) Write an affirmation statement for yourself
- 3) How many times in the day are you going to look at your dreams and goals?
- 4) Outline a plan for achieving said goals

### **Motivational Monday's – 01/27/2020**

Link: <https://youtu.be/jznqs9julUY>

- 1) Title of the video
- 2) Video highlights
- 3) What do YOU do to separate yourself from everyone else?
- 4) What advice can you offer to other young people?

### **Motivational Monday's – 02/10/2020**

Link: <https://youtu.be/VSceuiPBpxY>

- 1) Title of the video
- 2) Video highlights (minimum of 4)
- 3) Describe Kobe's work ethic.
- 4) From a basketball standpoint, who were some of Kobe's mentors?
- 5) Describe mental toughness.

### **Motivational Monday's – 02/24/2020**

Link: <https://youtu.be/jxWaPOLRxAw>

- 1) Title of the video
- 2) Video highlights (minimum of 4)
- 3) What are the things YOU need to change in order for you to "blow up" right now?

### **Motivational Monday's – 03/02/2020**

Link: [https://youtu.be/D\\_fzfg04G5I](https://youtu.be/D_fzfg04G5I)

- 1) Title of the video
- 2) Video highlights (minimum of 4)
- 3) Where does YOUR greatness lay?